Prognosis Before Planning

FMDA 2024

1

Disclosures

Leonard Hock, DO, CMD, MACOI, FAAHPM Hock Talk, Quality Decision Making No disclosures 561 714-1531 hockleonardr@gmail.com

2

Assumptions

- This is a common occurrence in PALTC
- Everyone of you have dealt with this issue
- And everyone of you have wondered how to best handle this delicate issue
- You have experienced the "Pre-Hospice SNF failure" What were the hospital discharge planners thinking.

$\overline{}$				
()	116	st	ın	ne
${}$	uч	, 0 (v	ııv

- What percent of LTC residents have Living Wills?
- What percent of the Public believe CPR brings you back to life?
- What is the difference in ROSC and Recovery?
- What is the CPT code for Advance Care Planning?
- Can a facility be found at fault if Full Code or DNR wishes of resident are not responded to?

Answers

- 65% have some Advance Directives
- 75% of the Public believe CPR is life restoring
- Return of Spontaneous Circulation in hospital, 39% but half of those died before discharge.
- CPT 99497
- Yes, the facility can be penalized

5

How Did We Get Here?

- 1878 CPR could provide some circulation
- 1950s a time of Medical Tech advances
 - Heart monitors, ventilators, defibrillators
- Bethany Medical Center in Kansas City, KS
- Code Blue became the default
- So, today we opt out of CPR

Responses to the	DNR (Duestion
------------------	-------	----------

- · Is it time?
- Are you just giving up on her?
- Leave it up to God.
- There will be a miracle.
- She prefers to be alive.
- None of that DNR stuff.
- She doesn't get as much care if she is DNR.

Code Blue Today?

- DNR or Full Code
- DNRO
- DNAR
- AND
- DNI
- DNH
- A la cart menu, no pressors, try it for a while

8

Facts About CPR in LTC

- Older residents have lower success rates
- Chronic disease worsens chance of recovery
- 75% of those resuscitated said they would not want CPR in the future.
- Many changed their mind about CPR (26% in ICU)

- DNR
 - Is it current?
 - Is it correct?
- Living wills, Advance Directives, Trust documents
 - DNR, CPR
 - DNI, artificial hydration, nutrition, dialysis, chemo etc.
 - Do documents reflect the "Now" of wishes?

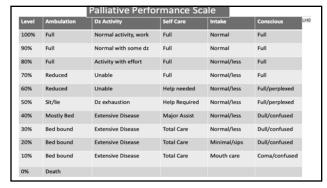
Do You Know Something We Don't?

- · Yes
- Experience and clinical assessment
- C.A.R.I.N.G. criteria
- Palliative Performance Score
- •ECOG
- Common sense

11

C. A.R.I.N.G. criteria

- C. Cancer, stage iv
- A. Admissions to ER or hospital
- R. Resident of Nursing Home
- I. ICU admission within the past 30 days
- N. Non cancer hospice patient
- G. Guidelines
 - Over 80 matters



ECOG

- Eastern Cooperative Oncology Group
- •0. No symptoms
- •1. With symptoms but up and around
- •2. Ambulatory but weak, independent ADLs
- •3. Symptomatic, bed or chair bound, ? ADLs
- 4. Bedbound, total care
- •5. Death

14

What Can We Do?

- Affirm and Validate without optimism
 - Lovely lady and family
 - Let's see what we can do together
- Defeat Denial
 - Ask, don't tell
 - Residents calendar of decline
- Substituted Judgment
 - What would resident want, not what would you want

	•
What to Document? • Advance Care Planning • Reflects current condition and wishes • Family, surrogate, guardian endorsement • Make it known • Red dot or blue dot • All shifts awareness	
16	
What to Bill?	
Wildt to Bitt:	
ACP, Advance Care Planning	
 Face to face with resident or surrogate Condition, prognosis, options of care going forward 	
• 99497	
30 minutes or majority of 30 minutes (16 minutes)Up to 3 times a year	
• 99498	
Additional 30 minutes or majority of time (46 minutes)	
17	
Questions, Comments	

Thank you	
Thank you	
	·

References

- CDC, Use of Advance Directives in LTC Populations, #54, 2011
- Resuscitation, 2015, May: 90:73-8
- Chest. 2014 Nov, 146 (5): 1214-1225
- Age and Aging, Vol 43, Issue 4, July 2014
- American College of Cardiology, Jan 25, 2021, Syed Tanveer
- Caring for the Ages, Aug/Sept 2024, Dear Dr. Diane
- Journal of Pain and Symptom Management, CARING, Vol 31, 2006
- Palliative Performance Scale